



SFLA
EMPOWERING ATHLETES

**SPORTS
FINANCIAL
LITERACY
ACADEMY**

*Empowering
Money Smart Athletes*

www.moneysmartathlete.com



SPORTS KIDS PROGRAM

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Our **Sports Kids** program addresses three different aspects of **youth development**:

Financial literacy

Sport parenting

Youth empowerment

The program which is geared towards ages 6 to 12, aims to teach children to **appreciate money as a source of livelihood as well as teach them how money is earned and how it should be spent without wasting it.**

To cater to the young age of the course audience, we have based the course delivery on storytelling through the “Soccertopia Stories” and **cartoon-like presentations** followed by **instructor-guided discussions.**

This program is designed for children ages 6-12

Learning Objectives:

Through our Sports Kids program, we want to make sure that the young athletes obtain a basic financial understanding along with the life skills that will help them:

- Practice smart spending on necessities and differentiate between needs and wants
- Enjoy sports participation and see it as a fun activity which helps them build their character
- Think about how they want to live their life and figure out how to accomplish it
- Realize that it is the small daily steps that will help them build a successful life
- Learn basic, yet useful, financial concepts through story-telling, which will help them develop healthy financial habits
- Get ready for teenage life





FINANCIAL EDUCATION

Financial skills should be nurtured at an early age to help youngsters develop **healthy financial habits early** on in their life. These healthy financial habits will enable them to make wise financial decisions throughout their whole life thus contributing to their overall wellbeing.

The contents of our financial education programs include **basic financial concepts, financial goal setting** and the specifics **of creating, implementing and maintaining a spending plan.**

The core financial literacy areas covered through our sports kids program are:

- Introduction to money and how people earn money
- Smart spending on necessities and differentiating between needs and wants
- Invisible money – credit card spending
- Balancing spending and saving and introduction to budgeting
- Saving and growing your money and financial planning for the future
- Giving back to society through volunteerism and other forms of philanthropy
- The world of work, the difference between having a job and being a business owner

YOUTH EMPOWERMENT

To assist young athletes in **developing their personality** and **reaching their full potential** we have designed a sports-dedicated Youth Empowerment Curriculum which is delivered through “The Soccertopia Stories”.

Our program aims to empower the youngsters to succeed in life by creating their own superpowers through adoption of simple routines in their everyday life.

The youngsters are encouraged to **channel their energy into sporting activities** through which they benefit in a number of ways, including **boosting their confidence and creativity.**





SPORT PARENTING

Sport Parenting is considered an essential component in the sporting, educational and financial success of youngsters. The program prepares parents on how to support and encourage their children.

- It outlines necessary elements of financial education that equip and **enable parents to plan the financial future** of their young family and **create long-term financial sustainability**.
- It also teaches basic principles related to **spectator behavior**, **parents- sports academy relations** and **sport-experience principles** that are fundamental to the wellbeing of athletes, and form the basis of a healthy youth development program.

**DEVELOPING PROPER HABITS AS A SPORT PARENT,
CREATING SPORT-LIKE CONDITIONS AT HOME FOR
ACADEMIC WORK AND EVERYDAY LIFE ACTIVITIES,
PLANNING FOR WAYS TO ENCOURAGE AND
MOTIVATE YOUR CHILDREN, CAN HAVE A
TREMENDOUS IMPACT IN SHAPING THE KIDS'
CHARACTER**



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 01 - Year 1 – Parents’ Lesson

Preparing children to succeed

Key Topic

Family is said to be the backbone of any successful young adult. The support, love, care and guidance given to children play a vital role in shaping their character and preparing them for what lies ahead. Understanding the true meaning of this very demanding leadership role, called parenting, can better prepare parents to adapt to it. Parents should strive to encourage and motivate their children, fostering a development culture and environment, while promoting good behavior and true sportsmanship.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Positive sport parenting contributes to the holistic development of young athletes</i>
3	<i>Sport parenting guidelines</i>
4	<i>Help your child balance education and sports</i>
5	<i>Be your child’s guide throughout their sports Journey</i>
6	<i>Parent spectator behavior</i>
7	<i>Your child’s future and drawing the line between dreams and reality</i>
8	<i>Lesson wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Appreciate your role in your kid's sports journey
- ❖ Understand the importance of helping your kids in combining sports and academics
- ❖ Plan ways to encourage and motivate your children
- ❖ Develop proper habits as a sport parent and sport spectator
- ❖ Create sport-like conditions at home for academic work and everyday life activities

Lesson & Activities Duration: 60 minutes

Lesson Breakdown:

Lesson Delivery: 35 minutes

Videos: 8 minutes

Activities: 10 minutes

Discussion & Wrap-up: 7 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
 - ❖ Downloadable Soccertopia workbooks
 - ❖ Downloadable workbooks for parents' modules



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 02 - Year 1 – Empowerment Lesson 1

The Soccertopia Stories - You do not need to be a superhero to have superpowers

Key Topic

The story aims at explaining the importance of taking time to do the little things in life, even if it makes us uncomfortable or it is against what is generally considered as ‘cool’. It is about teaching kids how to act on their knowledge and the importance of good decisions. All these elements tend to have a ripple effect in life and kids should understand that they will eventually benefit from the compound effect of the positive daily steps they are taking.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – You do not have to be a superhero to have superpowers</i>
3	<i>Explanation of concepts, examples & discussion - Consistency</i>
4	<i>Explanation of concepts, examples & discussion – Discipline</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand that little things matter
- ❖ Plan for ways to do the little things every day
- ❖ Develop the habit of acting on their knowledge
- ❖ Discover the importance of making good choices

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 10 minutes (Word Count –1311 words)

Explanation of concepts and discussion: 15 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 03 - Year 1 – Empowerment Lesson 2

The Soccertopia Stories - Dreams and goals: Who do you want to be when you grow up?

Key Topic

This story aims to teach kids the difference between a dream and a goal and to show them that they need to set and follow specific steps within a time plan to achieve their goals. The story also addresses how the kids can use the superpowers of Consistency and Discipline to turn their dreams into reality.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Who do you want to be when you grow up?</i>
3	<i>Explanation of concepts, examples & discussion - Feasible dreams that can turn into goals</i>
4	<i>Explanation of concepts, examples & discussion – Planning to turn dreams into reality</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the difference between a goal and a dream
- ❖ Discover the process of goal setting
- ❖ Create conditions that will help them get closer to achieving their goals by setting a plan

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8 minutes (Word Count –1001 words)

Explanation of concepts and discussion: 17 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 04 - Year 2 – Parents' Lesson

Financial education for families

Key Topic

This lesson explains the importance of financial literacy for families and prepares parents to educate their kids on the importance of it. Additionally, the lesson raises awareness on how parents can prepare financially for their kids' college education and how to help their kids acquire financial skills that will help them throughout their lives.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>The essence of financial literacy</i>
3	<i>The importance of financial education for the whole family</i>
4	<i>Financial psychology</i>
5	<i>Lifestyle choices</i>
6	<i>Developing a strong set of financial skills and financial goal setting</i>
7	<i>Dealing with the financial burden of sending your kids to college</i>
8	<i>Lesson wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Understand the importance of financial literacy for both parents and children
- ❖ Plan ways to incorporate financial literacy in the lives of kids
- ❖ Develop proper habits for good financial behavior
- ❖ Discover the importance of financial preparation for your kids' college years
- ❖ Create proper financial psychology conditions at home

Lesson Duration: 60 minutes

Lesson Breakdown:

Story Delivery: 40 minutes

Video: 4 minutes

Activities: 10 minutes

Discussion & Wrap-up: 6 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 05 - Year 2 – Empowerment Lesson 1

The Soccertopia Stories – Self Awareness - Discover who you are and the superpower of knowing yourself

Key Topic

Through the story the kids will receive valuable information about the concept and importance of self-awareness. They will familiarize themselves with cultivating self-awareness skills such as knowing how their strengths, weaknesses, and personality affect their choices and the way they treat people in their lives. The aim here is to make kids realize that when they are self-aware, they are able to understand themselves in relation to the world around them.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Discover who you are and the superpower of knowing yourself</i>
3	<i>Explanation of concepts, examples & discussion - Self-awareness</i>
4	<i>Explanation of concepts, examples & discussion – Knowing your weaknesses</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the concept and importance of self-awareness
- ❖ Discover the process of cultivating it for themselves
- ❖ Create conditions that will help them become self-aware

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8,5 minutes (Word Count – 1044 words)

Explanation of concepts and discussion: 16,5 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 06 - Year 2 – Empowerment Lesson 2

The Soccertopia Stories - Failure will be part of your life: Use it wisely

Key Topic

Through this story the kids will learn about failure and they will explore the relationship between failure and success. It is important for the kids to understand that failure is part of everyone's life and that there are lessons to be learnt from every failure. We stress that how we use failure, determines whether we will succeed in the future or not. The kids are encouraged to learn from failure and utilize what they have learnt in a positive manner.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Failure will be a part of your life</i>
3	<i>Explanation of concepts, examples & discussion - Failure</i>
4	<i>Explanation of concepts, examples & discussion – How failure can turn into something good</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the connection between failure and success
- ❖ Discover the process of succeeding through failure
- ❖ Create conditions that will help kids use their failures to succeed

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8,5 minutes (Word Count – 1,072 words)

Explanation of concepts and discussion: 16,5 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 07 - Year 3 – Parents’ Lesson

Financial planning for families with young children

Key Topic

In this lesson you are given a detailed presentation of the financial planning and budgeting process that will equip you with the necessary knowledge to exercise effective financial control in the household. Additionally, you are presented with several saving suggestions on how to set up a financially secure future, based on family needs, but also on the unlikely event of unforeseen financial hardships. Remember that this information, when put to practice, offers valuable lessons for your children, who need to be included in the process.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>The financial planning process</i>
3	<i>Differentiating between wants and needs</i>
4	<i>Living within your means</i>
5	<i>Creating a simple budget</i>
6	<i>Saving while earning</i>
7	<i>Conditions of living that affect financial planning</i>
8	<i>Lesson wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Understand the process of financial planning
- ❖ Plan to save while earning
- ❖ Develop proper spending habits by prioritizing the family's needs vs family's wants
- ❖ Discover the method and the importance of preparing a monthly budget
- ❖ Create readiness at home to combat unforeseen financial conditions

Lesson & Activities Duration: 60 minutes

Lesson Breakdown:

Lesson Delivery: 30 minutes

Videos: 12 minutes

Activities: 10 minutes

Lesson Wrap-up: 8 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 08 - Year 3 – Empowerment Lesson 1

The Soccertopia Stories - Your attitude is your compass

Key Topic

This story will help kids understand how their attitude can guide their actions. Within the story plot we describe why it is important for kids to think for themselves and how to accomplish that. Moreover, we discuss the importance of positive thinking which can make all the difference in the world.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Your attitude is your compass</i>
3	<i>Explanation of concepts, examples & discussion - Negative thinking</i>
4	<i>Explanation of concepts, examples & discussion – Positive thinking</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the connection between their attitude and their life
- ❖ Realize that they can change their attitude into a more positive one
- ❖ Discover how they can become better persons through positive thinking

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8 minutes (Word Count – 979 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 16 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 09 - Year 3 – Empowerment Lesson 2

The Soccertopia Stories - Be proactive and take control of your life

Key Topic

This story focuses on having control over your life by being proactive. Being proactive is a very important skill that will help kids better prepare for the future and save them from procrastinating and wasting time. Through this story we help kids identify why it is important to do things on time and not postpone them for later.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Be proactive and take control of your life</i>
3	<i>Explanation of concepts, examples & discussion - Being proactive</i>
4	<i>Explanation of concepts, examples & discussion – Procrastination</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand that there is a cost of delay when we procrastinate
- ❖ Realize that it is easier to be proactive and that all it takes to do that is some prior planning
- ❖ Learn that it is never too late to adopt a proactive attitude and change things for the better

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 9 minutes (Word Count – 1,101 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 10 - Year 4 – Parents' Lesson

Debt and credit management for the family

Key Topic

In this lesson we aim at presenting the basic banking operations that most closely relate to a family's needs and discuss the different banking risks associated with credit, debt, and credit history. Moreover, the lesson discusses the risks of loans and being in debt, especially for a prolonged period of time. Finally, we discuss ways and techniques for keeping debt obligations under control to sustain financial wellbeing.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>The banking system in a nutshell</i>
3	<i>Debit cards Vs credit cards</i>
4	<i>Credit and credit history</i>
5	<i>Keeping debt under control</i>
6	<i>Loan risk and collateral</i>
7	<i>What happens if you default on a Loan</i>
8	<i>Lesson wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Understand the basic banking operations and how they affect your family
- ❖ Plan how to keep your debt under control
- ❖ Develop proper spending habits by distinguishing between good and bad debt
- ❖ Discover the risks associated with bad loans and collaterals
- ❖ Create readiness at home to adhere to the family financial plan and monthly budget

Lesson & Activities Duration: 60 minutes

Lesson Breakdown:

Lecture: 38 minutes

Videos: 10 minutes

Activities: 5 minutes

Discussion & Wrap-up: 7 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
 - ❖ Downloadable Soccertopia workbooks
 - ❖ Downloadable workbooks for parents' modules



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 11 - Year 4 – Empowerment Lesson 1

The Soccertopia Stories - The superpowers of gratitude and kindness

Key Topic

Through this story we explain the concepts of gratitude and kindness and we present a number of strategies to help kids experience and express gratitude and kindness. Kids find out that gratitude is a skill and that when they practice gratitude and kindness, both their level of happiness and their sense of wellbeing increases.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – The superpowers of gratitude and kindness</i>
3	<i>Explanation of concepts, examples & discussion - Kindness</i>
4	<i>Explanation of concepts, examples & discussion – How kindness leads to gratitude</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Recognize the things that they have to be grateful for
- ❖ Realize that being grateful makes them feel good which in turn, makes them kind and generous
- ❖ Understand that gratitude is a skill that can be acquired with practice

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 9 minutes (Word Count – 1,154 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
 - ❖ Downloadable Soccertopia workbooks
 - ❖ Downloadable workbooks for parents' modules



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 12 - Year 4 – Empowerment Lesson 2

The Soccertopia Stories - Habits help you achieve great things

Key Topic

Through the story we introduce the concept of habits and we distinguish the difference between good and bad habits and the power they have over people and their lives. We further explain that habits are the result of the choices we make and show how we can adopt good habits and get rid of bad habits.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Habits help you achieve great things</i>
3	<i>Explanation of concepts, examples & discussion - Good habits</i>
4	<i>Explanation of concepts, examples & discussion – Bad habits</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Discover how creating good habits can help you achieve your goals
- ❖ Understand the process of developing good habits
- ❖ Find out how to get rid of bad habits

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 9 minutes (Word Count – 1,117 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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 - ❖ Downloadable workbooks for parents' modules



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 13 - Year 4 – Financial Literacy Lesson

The Soccertopia Stories - Let’s find out what money is, what it means to us and how people earn money

Key Topic

Through the story we introduce basic money concepts such as what money is, where it comes from, why we need it and what are the different things we can do with money. We further explain that money has to be earned and discuss how people earn money.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Let’s find out what money is, what it means to us and how people earn money</i>
3	<i>Explanation of concepts, examples & discussion - Why we need money</i>
4	<i>Explanation of concepts, examples & discussion – Money has to be earned</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Describe where money comes from
- ❖ Identify ways to earn and use money
- ❖ Learn interesting historical facts about money

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8,5 minutes (Word Count – 1,063 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15,5 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 14 - Year 5 – Parents’ Lesson

Teaching children gratitude, social responsibility and giving back

Key Topic

In this lesson we discuss some important attitudes and ways of conduct that all children should learn from a young age, from their parents. Social responsibility and gratitude are two concepts that should be ingrained into a child’s psyche from a young age. We discuss ways for communicating these two concepts to the young ones and analyze the positive effects both in the short-run and the long-run.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Gratitude, its meaning and importance</i>
3	<i>How to teach gratitude to young children</i>
4	<i>Social responsibility and community spirit</i>
5	<i>Teaching social responsibility to preadolescent children</i>
6	<i>Do’s and Don’ts</i>
7	<i>Socially responsible and grateful athlete</i>
8	<i>Socially responsible and grateful adult</i>
9	<i>Lesson Wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Understand the concept of gratitude
- ❖ Learn in a practical way how to teach gratitude directly and indirectly to young children
- ❖ Be able to teach children what social responsibility and community spirit are
- ❖ Prepare your child to be a grateful adult

Lesson & Activities Duration: 60 minutes

Lesson Breakdown:

Lecture: 35 minutes

Videos: 4 minutes

Activities: 15 minutes

Discussion & Wrap-up: 6 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
 - ❖ Downloadable Soccertopia workbooks
 - ❖ Downloadable workbooks for parents' modules



Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 15 - Year 5 – Empowerment Lesson 1

The Soccertopia Stories - Social responsibility and giving back

Key Topic

Through this story we describe the concepts of social responsibility, philanthropy and volunteerism and how we can all make a difference if we become socially responsible citizens. We further explain that social responsibility has to do with preserving our planet, volunteering for common good causes and helping people in need.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Social responsibility and giving back</i>
3	<i>Explanation of concepts, examples & discussion - Social responsibility</i>
4	<i>Explanation of concepts, examples & discussion - Philanthropy</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Discover the benefits associated with doing community work/social service
- ❖ Develop their sense of community and become confident that they can make a difference in the world
- ❖ Realize that the world is interdependent which means that what happens in one place of the world can affect the rest of the world

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 7 minutes (Word Count – 951 words)

Explanation of concepts and discussion: 17 minutes

Questions in connection with the story and discussion of answers: 16 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 16 - Year 5 – Empowerment Lesson 2

The Soccertopia Stories - Discover your special interests and put them to work

Key Topic

Through this story we help kids explore their own interests and indicate that even when it seems like they are playing, they are actually learning more about the world. We further proceed to explain that their special talents and interests can be turned into skills which kids can utilize in a job or business when they grow up.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Discover your special interests and put them to work</i>
3	<i>Explanation of concepts, examples & discussion - Discovering special interests</i>
4	<i>Explanation of concepts, examples & discussion – Transforming special interests into job skills</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Identify passions and special talents they possess
- ❖ Figure out how to best utilize their special talents
- ❖ Think of ways that passions and talents can be transformed into a career and livelihood
- ❖ Realize that doing what you love makes you happy

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 8 minutes (Word Count –1,008 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 16 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 17 - Year 5 – Financial Literacy Lesson

The Soccertopia Stories - Needs vs wants and smart spending and saving

Key Topic

Through the story we introduce the basics of a spending plan which is divided into three parts; spend, save and donate. In addition, we go over needs and wants and explain their difference and how they should be prioritized. Finally, we talk about saving and the power of compounding interest.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Needs vs wants and smart spending and saving</i>
3	<i>Explanation of concepts, examples & discussion - Needs vs wants</i>
4	<i>Explanation of concepts, examples & discussion – Money choices</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Plan ways to spend wisely
- ❖ Develop proper spending habits based on the concept of needs vs wants
- ❖ Realize the power of compounding interest

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 9 minutes (Word Count – 1,116 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 18 - Year 6 – Parents’ Lesson

Fully support your children by getting ready for their teenage years

Key Topic

In this lesson we discuss the tumultuous years we call teenage years. The point of this session is to prepare parents for the changes their children will undergo and enable them to help their children get through their teenage years as best as possible. We will highlight the risks and dangers lurking during the teenage years and explore the concept of peer pressure in particular. Finally, we will have a brief discussion on how parents can discover and encourage their kids’ special interests and talents.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>A brief overview of teenage years</i>
3	<i>Common challenges of teenage years</i>
4	<i>Peer pressure</i>
5	<i>Help your child handle peer pressure</i>
6	<i>Relationships and friendships</i>
7	<i>Help your child discover their interests and special talents</i>
8	<i>Lesson wrap-up, questions & discussion</i>

Learning Objectives for parents

- ❖ Understand what to expect in your child's teenage years and become aware of common teenage problems and how to handle them
- ❖ Develop ways to help children cope with peer pressure
- ❖ Be able to help children navigate relationship problems
- ❖ Urge your children to discover their special talents and interests and show them how they can transform these talents and interests into valuable skills

Lesson & Activities Duration: 60 minutes

Lesson Breakdown:

Lecture: 35 minutes

Videos: 5 minutes

Activities: 15 minutes

Discussion & Wrap-up: 10 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 19 - Year 6 – Empowerment Lesson 1

The Soccertopia Stories - Dealing with negative Influences and peer pressure

Key Topic

Through this story we explain the concepts of negative influence and peer pressure and how peer pressure can be harmful. We further demonstrate how peer pressure occurs and how kids can deal with it in a positive way by standing their ground and showing leadership.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Dealing with negative influences and peer pressure and coming out a winner</i>
3	<i>Explanation of concepts, examples & discussion - Peer pressure</i>
4	<i>Explanation of concepts, examples & discussion – Learning to say NO</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the sources of negative influences and peer pressure
- ❖ Recognize how to avoid negative influences
- ❖ Realize that when faced with peer pressure they should talk to trusted adults whether these are parents, teachers or other family members or friends
- ❖ Find ways to fight peer pressure

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 9 minutes (Word Count – 1,151 words)

Explanation of concepts and discussion: 16 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 20 - Year 6 – Empowerment Lesson 2

The Soccertopia Stories – You will be a teenager soon: Common teenage problems and how to handle them

Key Topic

Teenagers face real concerns on a daily basis, as this is the most awkward growth stage of their lives. Through this story we go over the different types of struggles that teenagers face, both internal and external, and we offer guidance in handling and dealing with these struggles positively.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – You will be a teenager soon: Common teenage problems and how to handle them</i>
3	<i>Explanation of concepts, examples & discussion - Bullying</i>
4	<i>Explanation of concepts, examples & discussion – The positive effects of taking up a sport</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Understand the challenges they will face in their teenage years
- ❖ Discover ways to handle the problems they will face as teenagers
- ❖ Create conditions that will help them transition into teenage life as smoothly as possible
- ❖ Seek support from trusted adults when in trouble

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 10 minutes (Word Count –1,245 words)

Explanation of concepts and discussion: 15 minutes

Questions in connection with the story and discussion of answers: 15 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
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Sports Kids Financial & Life Skills Program – Years 6 to 12

SK Module 21 - Year 6 – Financial Literacy Lesson

The Soccertopia Stories - Being entrepreneurial through a lemonade business

Key Topic

Through this story the kids are introduced to the concept of entrepreneurship and what it takes to run your own business. We take the kids through the steps of setting up and running a neighborhood lemonade business and throughout the process we demonstrate the decisions that have to be made when you run a business. We also explain that entrepreneurs have to spend money in order to make money so that the kids understand that there is always a risk when you start a business.

LESSON PROGRAM & COMPONENTS	
1	<i>Introduction of key topic</i>
2	<i>Storytelling – Being entrepreneurial through a lemonade business</i>
3	<i>Explanation of concepts, examples & discussion - Going into business requires hard work and discipline</i>
4	<i>Explanation of concepts, example & Discussion – The risks of going into business</i>
5	<i>Questions on the content of the story as specified in the lesson material and discussion of answers</i>
6	<i>What did we learn today? - Lesson wrap-up and discussion of learning objectives</i>

Learning Objectives for kids

- ❖ Develop an understanding of the business cycle
- ❖ Trigger entrepreneurial thinking
- ❖ Realize what it takes to be a successful entrepreneur

Lesson Duration: 45 minutes

Lesson Breakdown:

Story Delivery: 10,5 minutes (Word Count – 1,294 words)

Explanation of concepts and discussion: 15 minutes

Questions in connection with the story and discussion of answers: 14,5 minutes

Lesson Wrap-up: 5 minutes

Materials given with purchase

- ❖ Access to parents' modules
- ❖ Access to Soccertopia Stories content and teacher's notes
 - ❖ Downloadable presentations for parents' modules
 - ❖ Downloadable presentations for Soccertopia Stories
 - ❖ Downloadable Soccertopia storybooks
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